

Dr. Gaston  
NYIRIGIRA  
CHUB

- **How to start a Pain Program in a Hospital?**

# How to set up Pain Program?

- Teaching Hospital
- District Hospital
- Health Center
- Private clinic

# Questions

- Is it needed? Why?
- Who is going to do that? Right people?
- How?
- What is the short-term goal? Long-term?
- How to monitor?
- Who are the stakeholders, collaborators?
- Did someone else do something similar?
- Am I ready to face challenges?

# Business case

- Social ++++
- Physical ++++++
- Economical ++++
- **Accreditation ++++++ Institution thanks**
- Rights\_\_\_\_\_ It's a must WHO, Declaration of Montreal



# Team

- Nurse
- Doctor
- Pharmacist
- Physiotherapy
- Clinical Psychologist
- Psychiatrist where possible
- Pastor, Priest, any religious
- Mental Health
- Quality staff
- Administration staff

# Meetings

- Regular
- Documented
- With targeted purpose

# Tips to achievement

- **Work closely with the Administration**
- **Find people who are interested**
- **Collaborate with experts**
- **Don't be discouraged**
- **Be ready to face challenges**

A red speech bubble graphic with a white outline, containing the text "Are you ready?".

Are you ready?

- **Contact us after you make a group we will help you**



Thank you

- **Aksanti**
- **Murakoze**
- **Merci**
- **Mwebale**